

is much difference in the effect produced by Cascara Sagrada upon different persons, this difference would appear attributable in a measure to differences in the products used. Examination of various preparations of Cascara Sagrada in the market, reveals that they vary greatly in strength. Recently, a report published in America, showed that in fifty-eight cases of constipation the drug was efficient in forty-four, and that it was found desirable to diminish rather than increase the dose with the lapse of time. A drug which has undoubtedly proved beneficial in a most perplexing class of cases, should certainly be at least reliable. These Tabloids are coated with pure sugar. They do not roll about the mouth, but being compressed in lenticular form, are more easily swallowed than round pills. Furthermore, they are free from the drawbacks of the bulky liquid preparations, and can be carried in the pocket of the patients. The usual dose of the Cascara Sagrada Tabloids is one or two at bed-time, or one after each meal. They are admirably suited for continuous gentle medication and are soluble. Each Tabloid contains two grains dry Extract of Cascara prepared from selected and seasoned bark in the manufacturer's laboratory. We have put these to a thorough test, and find they possess all the qualities claimed by the manufacturers, who have made another step upwards in the elegance of Pharmacy.

HUDSON'S HALF-MINUTE THERMOMETERS.—We have received a specimen of this well-known firm's manufacture, and after putting it to every possible test, we have nothing but praise for it. It is excellently made, very sensitive, and is provided with a very strong metal case. The one supplied to us by Messrs. Hudson and Co., is (at the time of writing this) in the neighbourhood of the Mauritius, being used by one of the Medical Officers on the Donald Currie Line, and who speaks in very high terms of it. We strongly recommend our Nursing and Medical readers to apply to 5, Crosby Square, E.C., for them, and congratulate the manufacturers upon producing such a useful article at so reasonable a price.

"SEDOX," a Natural Absorbent Dressing. (Whittaker, Donisthorpe and Co., 12, Oat Lane, E.C.)—This is a very carefully-prepared dressing, entirely free from anything of an irritating or foreign nature, and can be used with impunity on the most delicate or irritable surfaces. Its

HUDSON'S HALF-MINUTE THERMOMETERS, 8s. 6d., free by post. Hudson's Clinical Thermometer for Practitioners, Nurses, and Hospitals, 2s. 6d., free by post. Kew Certificates, 1s. 6d. each extra. Hudson and Co., Opticians and Patentees, 5, Crosby Square, London, E.C. Write for Medical Press Opinions. [7]

absorbent powers are very great, more so than of any other dressing of an analogous character that has been brought before us. It is ready for use just as it is supplied, and can be obtained loose or in tins, or, if required, impregnated with any desired antiseptic solution. It is guaranteed to be made from pure vegetable fibre, and to take up fifteen times its weight liquid. It is silky and soft to the touch.

ROOT'S CUCA COCOA.—In these days of "hurry and scurry," when people are worn out by the claims of society and business, and private and public people alike live at high pressure, too much praise cannot be given, or too much said in favour of any article of food or drink which tends to recuperate the jaded energies of men and women. Such a much-needed remedy is to be found in "Root and Company's Cuca Cocoa and Cuca Chocolate," to be obtained from them, the sole proprietors, at 38, Great Russell Street, Bloomsbury, W.C., and at the chief stores, grocers, and chemists, in London and the Provinces. The powers and efficacy of Cuca Cocoa are very considerable; its effect is magical. Not only is it delicious to drink, delicate and refined in taste, but as a nerve tonic, for insomnia, overwork of every kind, worry, depression, and loss of appetite, it is invaluable. Unlike tea and coffee, it does not react on the system. Cuca Cocoa stimulates and braces the person who partakes of it, and mind and body are kept up to the mark for every-day work by its use. Languid, debilitated, nerveless people find it most useful, as it allays drowsiness, is a preventative of exhaustion, a repairer of wasted tissue, alike digestive and tonic. Cuca checks waste, so that a less amount of solid food is necessary to sustain the bodily functions; it is useful in debility with nervousness, and depression. It is recommended (as a substitute) to assist the victims of alcohol and morphia to abandon their habit. The Indians, we are informed, by its use, can bear cold, wet, great bodily exertion, and even the loss of food to a surprising extent. As a beverage it supplies a great want. During influenza and convalescence it is highly beneficial. The use of a few tablets of Cuca Chocolate are recommended as a preventative of the headaches so often the result of fasting and long railway journeys; it is readily taken by invalids, and owing to its powers of building up both the nervous and muscular systems, and as a restorative after illness, it is especially beneficial to young and delicate children; while to orators, singers, and preachers, and all persons subject to strain on the voice, it is invaluable.

☞ "Letters from Life" unavoidably held over until next week.

WHERE TO GO.

MR. and MRS. GERMAN REED'S ENTERTAINMENT. Under the management of Mr. Alfred German Reed and Mr. Corney Grain. "The Old Bureau," written by H. M. Paull, Music by Alfred J. Caldicott; a new Entertainment; followed by Mr. Corney Grain's New Musical Sketch, entitled, "The Diary of a Tramp." Monday, Wednesday, and Friday, at Eight; Tuesday, Thursday, and Saturday, at Three.—Stalls, 5s. and 3s.; Admission, 2s. and 1s.—St. George's Hall, Langham Place, W.

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